

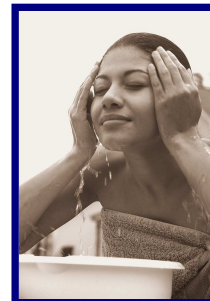
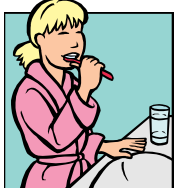
We ALL Need to Use Less Water

Here's How YOU Can Do Your Part:

Stop water leaks! If a faucet leaks, fix it or turn off the water supply to that faucet until it can be fixed.

In the Bathroom – You use the most water in this room. Try these tips to reduce water use:

- **Don't flush** unless you have to.
- Wash your hands with **hand sanitizer instead of soap and water**.
- **Brush your teeth using a cup of water** to wet your toothbrush instead of running the faucet.
- **Wash your face with a bowl of water** – splash your face before and after scrubbing. Catch all the water in the bowl to use when you need to flush the toilet.
- **Take a "bird bath" in the sink**. With a bowl of water in the sink, wet a wash cloth and get clean where you most need it. Use baby wipes to freshen up.
 - When you are very dirty and really need to get clean – place a bucket in the tub, fill it with water and **get your wash cloth**. Soap yourself up. Use a cup to rinse yourself off with water from the bucket! Catch as much water as you can to use later for flushing the toilet.
- **Wash your hair in the sink**. Fill a bowl with water and use a cup to get your hair wet. Use very little shampoo and rinse with the cup. Place a bowl in the sink to catch the water. Use the soapy water to flush the toilet!



In the Kitchen

- The best idea: Pretend you are on a picnic and use **paper plates and cups, & plastic forks**.
- Do not use a sink garbage disposal. Throw away or compost the food waste.
- For baby bottles – **use a disposable baby bottle liner**.
- If you absolutely must use dishes and glasses, use as few items as possible – limit yourself to using one cup each day, for example.
- Rinse dirty dishes off with the soapy water you saved from washing your face and just let the dishes pile up for now.
- If you have been very careful with your water use and have a FULL dishwasher, run it on the shortest cycle.
- **Serve fruits that you don't have to wash** – bananas, oranges, and other fruit you peel before eating.
- For now, **switch to frozen vegetables** so that you don't use water washing fresh veggies.
- If you must serve fresh vegetables, scrub them off in a bowl of water, save the water, and use it to rinse off dishes or to flush the toilet.



Laundry - Good news – the casual look is very fashionable in Nashville right now!

- **Wear the same outer layer of clothes over and over again**.
- Remember that wearing the same clothes over and over is better than wearing all your old clothes until you run out. If you do that you will just pile up a lot of laundry to do in the future and that will use lots of water.
- **Rinse out underwear in a bowl in the sink**, and – yes! – use the water to flush the toilet!

The Lawn & Garden

- **Turn off any irrigation system** that is connected to a faucet..
- **Don't water your lawn, garden or potted plants** with water from the faucet.
- Water potted plants with the soapy water saved from handwashing and bathing.
- If you have a rain barrel, use it!



FOR THE KIDS

Children will catch on quickly and can really be a big help with water conservation.

- Make it a game to save water and challenge your children to a "use less water" competition.
- Let the kids be "water police" and put them in charge of asking everyone in the family "do you really need to use water for that?"

Together we can make a difference and use less water during this emergency.
Thank You!

